

HUBBARD COMMUNICATIONS OFFICE
Saint Hill Manor, East Grinstead, Sussex

GENERAL ARC BREAK ASSESSMENT
(Taken from HCO Bulletin of July 5, AD13 --
ALL ROUTINES)

Used in general sessions of all kinds where an ARC Break has occurred,
or at session end in all routines and for R2H.

The prefix sentence "In this session has ---" is used when cleaning up
a session at its end or during the session. "At that time had---" is used
for R2H. The actual date may be occasionally substituted for "time" to
keep the pc oriented but only if necessary.

LIST L-1

a withhold been missed?
some emotion been rejected?
some affinity been rejected?
a reality been refused?
a communication been cut short?
a communication been ignored?
an earlier rejection of emotion been restimulated?
an earlier rejection of affinity been restimulated?
an earlier refusal of reality been restimulated?
an earlier ignored communication been restimulated?
a wrong reason for an upset been given?
a similar incident occurred before?
something been done other than what was said?
a goal been disappointed?
some help been rejected?
a decision been made?
an engram been restimulated?
an earlier incident been restimulated?
there been a sudden shift of attention?
something startled you?
a perception been prevented?
a willingness not been acknowledged?
there been no auditing?

(Note: If "over" is added to this list or any BMR buttons, the scale cannot
be used in an R3R or 3N session as these "mush" up
engrams.)

(Note: If this list is used do not also use any other end rudiments except
goals, gains and pc's havingness).